



Invitation
Rotterdam Taekwon-Do Cup
05-03-2023

General information

Head of organization:	Cheo Go Kwan
Organization:	Sabum Marcel Hildering (V) & Boosabum Samantha Booj (IV)
Match Administration:	Sabum Samantha Booj (IV), Sabum Marcel Hildering (V)
Ass. Match Administration:	Gerard Tijmons (III), Desiree Ophof
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Location

Sportcentre 'De Wilgenring'

Melanchtonweg 70
3052KV Rotterdam

Sport hall open:	08:00 hrs
Measuring and weighing:	08:15 until 09:15
Referees meeting:	08:30 until 09:00
Coach meeting:	09:00 until 09:30
Tournament opening:	09:45 hrs
Start of tournament:	10:00 hrs

ATTENTION

- 1) Weighing / measuring is obligatory in Dobok or Dobok trousers and t-shirt!*
- 2) Everyone has to report to the weigh-in (even when only participating in Tuls and/or Team Sparring) to get approval for participation by means of a stamp on the competition card.*
- 3) No stamp means no participation.*

Age categories

Tuls and individual sparring

Minis boys / girls	5 up to and including 6 years
Youth boys / girls:	7 up to and including 13 years
Junior men / women:	14 up to and including 17 years
Adult men / women:	18 up to and including 35 years
Senior men / women:	36 years and older

Team sparring

Youth boys / girls:	12 up to and including 13 years
Junior men / women:	14 up to and including 17 years
Senior men / women:	18 years and older

Tuls

Tuls are classified according to the age categories mentioned above and divided in boys, girls, women and men.

Categories coloured belts

All coloured belts will perform one optional Tul per round.

10th kub up to and including 9th kub

8th kub up to and including 5th kub

4th kub up to and including 1st kub

Categories black belts

All black belts will perform one designated and one optional Tul (in this order) per round.

1st Degree

2nd Degree

3rd Degree

4th Degree up to and including 6th Degree

Choice of optional Tul color belts

All coloured belts will perform one optional Tul per round.

<i>Graduation</i>	<i>Choice of optional Tul</i>
10th kub (white belt)	Saju-Jirugi ór Chon-Ji
9th kub (yellow tag)	Saju-Jirugi ór Chon-Ji
8th kub (yellow belt)	Chon-Ji up to and including Dan-Gun
7th kub (green tag)	Chon-Ji up to and including Do-San
6th kub (green belt)	Chon-Ji up to and including Won-Hyo
5th kub (blue tag)	Chon-Ji up to and including Yul-Gok
4th kub (blue belt)	Chon-Ji up to and including Joong-Gun
3rd kub (red tag)	Chon-Ji up to and including Toi-Gye
2nd kub (red belt)	Chon-Ji up to and including Hwa-Rang
1st kub (black tag)	Chon-Ji up to and including Choong-Moo

Choice of optional Tul black belts

All black belts will perform one designated and one optional Tul (in this order) per round.

<i>Graduation</i>	<i>Choice of optional Tul</i>	<i>Designated Tul</i>
1st Degree	Kwang-Gae up to and incl. Ge-Baek	Chon-Ji up to and incl. Ge-Baek
2nd Degree	Eui-Am up to and incl. Juche	Chon-Ji up to and incl. Juche
3rd Degree	Sam-Il up to and incl. Choi-Yong	Chon-Ji up to and incl. Choi-Yong
4th Degree – 6th Degree	Yong-Gae up to and incl. Tong-Il	Chon-Ji up to and incl. Moon-Moo

ATTENTION

- 1) When a pool is merged with black belts, the highest grade has to adjust to the lowest grade. This applies to both designated and optional Tul.
Example: When a participant with 5th degree is placed against a participant with 4th degree, the participant with 5th degree may not perform a Tul higher than Moon-Moo for both the designated and optional Tul.*
- 2) Black belts may perform the same pattern twice.
Example; when a 1st degree holder gets Ge-Baek as a designated pattern, the competitor is able to perform Ge-Baek as well as an optional pattern.*
- 3) In the case of **color belts**, the highest grade must adapt to the lowest grade.
Example: If a participant with 5th kub is placed against a participant with 7th kub, the participant with 5th kub may not perform a Tul higher than Do-San.*

Sparring

Classes

C-class	(10th kub up to and including 9th kub) point-stop system
B-class	(8th kub up to and including 5th kub) point-stop system
A-class	(4th kub up to and including 6th Degree) continuous system

Length (cm)

Youth girls	-110 -120 -130, -140, -150, -160, -170, +170
Youth boys	-110 -120 -130, -140, -150, -160, -170, +170

Weight (kg):

Junior women	-45, -50, -55, -60, -65 kg, +65 kg
Junior men	-50, -56, -62, -68, -75 kg, +75 kg
Adult women	-50, -56, -62, -68, -75 kg, +75 kg
Adult men	-57, -63, -70, -78, -85 kg, +85 kg
Veterans women	-62, +62 kg
Veterans men	-65, -80, +80 kg

Match duration

Youth A-, B- and C-class	1 x 1,5 min. Extension 1 x 1 min. After which golden point.
Junior / Adult C- and B-class	1 x 2 min. Extension 1 x 1 min. After which golden point.
Junior / Adult A-class	1 x 2 min. (<i>Final 2 x 2 min.</i>) Extension 1 x 1 min. After which golden point.

ATTENTION

- 1) Minimum two participants per pool. In case of less participants the participant (in consultation with the coach) will be moved to the next higher weight- / length class.
- 2) Make sure that the correct weight or length is entered. When a participant at the weighing / measurement is too heavy or too tall he/she will be transferred to another group. For this, €10,- will be charged on the day itself.
Margin at weighing is 0,5 kg, margin at length is 1,0 cm.
- 3) The organization has the right to change weight- and lengthclasses.

Non Contact Sparring

Especially for the little ones from 5 up to and including 6 years old, we introduce non-contact sparring! In non-contact sparring no contact is made but it is all about action-reaction, so reacting to the opponent.

Classes

C-class (10th kub up to and including 9th kub)

B-class (8th kub up to and including 5th kub)

Length (cm)

Youth girls -110 -120 -130, +140

Youth boys -110 -120 -130, +140

Match duration

Youth B- and C-class 1 x 1 min.
Extension 30 sec.

Rules Non Contact Sparring

- 1) No contact is made with the opponent
- 2) No protection is worn
- 3) The participant will arrive at the field together with the coach
- 4) Realistic techniques (above the belt and permissible areas), originality and difficulty of the techniques will be judged.

Team sparring

Each team consists of 3 participants + 1 reserve participant.

Divisions

Youth boys / girls	11 up to 14 years
Juniors men / women	14 up to and including 17 years
Adults men / women	18 years and older

ATTENTION

In team sparring, boys, girls, women and men may not be mixed together in one team. A team therefore only consists of boys, only girls, only women or only men from the same class (B-class or A-class).

B-class	(10th up to and including 5th kub) point-stop sparring
A-class	(4th kub up to and including 6th Degree) continuous sparring

Competition duration

The indicated lap time applies per participant.

Youth A- and B-class	1 x 1,5 min.
Juniors / Seniors B-class	1 x 2 min.
Juniors / Seniors A-class	1 x 2 min.
Veterans A- and B-class	1 x 2 min.

Point count

All participants (except the reserve) from the team spars one round. All corner referees (hands/flags) are counted after each round. After 3 games, all points are added together. The team with the most points wins.

Draw

In the event of a tie after 3 games, the reserve participant will play the deciding game. In the event of a tie in the deciding game, one extension of 1 x 1 min. is applied. In the event of a tie after this extension, a game of golden point will be played.

Rules for sparring

Protection

- No boxing gloves allowed, gloves must have closed fingers and an open/visible palm.
- Soft shin and forearm protection permitted.
- Groin protector obligatory for men.
- Hand- and foot protection mandatory for all.
- Head protection mandatory for all.
- Mouth protection obligatory for all.

Pointcount

- 1 Point for all hand techniques on head and chest.
- 2 Points for all kicks to the chest.
- 3 Points for all kicks to the head.

ATTENTION

No extra points are awarded for flying techniques.

Referees

Each participating school is requested to provide referee(s).

1 up to 6 participants	1 referee
7 up to 12 participants	2 referees
13 or more participants	3 referees (of which 1 center referee)

ATTENTION

- 1) No referee(s)? For each referee who is missing or absent (without a suitable replacement) or who leaves prematurely, a fee of € 50.00 will be charged afterwards.*
- 2) Would you like to provide more referees than required? Always welcome!*

Clothing

Blue/black trousers, blue/black jacket, white long-sleeved shirt, blue tie, white socks and white trainers.

Lunch

Lunch will be provided for all referees. Break times will be communicated by the head referee.

Protection material

In order to protect our referees and volunteers as much as possible, the organisation will provide sufficient free medical facemasks, latex gloves and disinfectants. These can be used if desired.

Coaches

Every participant is obliged to come to the field with a coach. Also for Tuls! Only in consultation with the center referee, a coach may be present next to the field (in case of 2 participants from the same school).

1 up to 6 participants maximum of 2 coaches

7 up to 15 participants maximum of 3 coaches

16 or more participants maximum of 4 coaches

Age

Minimum age of 16 years or older.

Clothing

Tracksuit (no jeans!), towel and trainers. Caps, headgear, sleeveless shirts or Dobok are not allowed. Only in consultation with the head referee an exception can be made.

General regulations

Protest

A protest must be lodged immediately after the match / incident. If submitted later, the protest will be refused. A protest can be filed at the head jury table (organisation). The costs for submitting a protest are €50,-.

When the protestor is found to be in the right, the costs will be refunded. If the protesting party is not found in the right, the costs will not be refunded.

In case of a protest, the head referee has the final decision.

Participation

By participating, everyone agrees to the rules.

Changes in the programme and rules

The organisation reserves the right to change categories, match duration and rules to make the day a success.

When categories/pools are merged (e.g. due to too few registrations), the coach of the involved participants will always be consulted.

Coaches will be informed of any changes at the coach meeting.

Rates and registration

Participants

The rates depend on the number of parts (sparring/Tuls/Team Sparring):

One division	€ 20,-
Two divisions	€ 25,-
Team sparring	€ 10,- per team

ATTENTION

Refund of entry fees will not take place in case of cancelled registration, wrong weight or injuries from the moment entries for the tournament close (17-02-2023).

Registration

The registrations can be done via Kihapp until **Friday, 17 February 2023 (23:59)** via the following link:

<https://www.rotterdamtkdcup.nl/kihapp>

ATTENTION

- 1) *Changes of entries can be made until Friday, 17-02-2023, after that and on the day itself € 10,- per event will be charged.*
- 2) *All payments are done through the Kihapp system. Upon registration, payment must be made online immediately. Do not forget to pay the bill before you log out of Kihapp.*
- 3) *Refund of entry fees will not take place in case of cancelled registration, wrong weight or injuries from the moment entries for the tournament close (17-02-2023).*

Spectators

Admission is charged at the door for visitors 6 years and older. Children up to and including 5 years old are free.

Entrance spectators € 3,50

When you have paid, you will receive a wristband which gives you access to the tribune in the sports hall.

Prices for the participants

Sparring	1st, 2nd & 2x 3rd place
Tuls	1st, 2nd & 2x 3rd place
Team sparring	1st, 2nd & 3rd place

Tournament cup

The tournament cup will be awarded on the basis of 5 entries per school in advance for a participant/part. After registration the school owner receives an email with more information about the registration for the tournament cup.

VISA

The organization of the Rotterdam Taekwon-Do Cup will not accept registrations that require a request for VISA application.

Liability

Each participant/school owner is responsible for ensuring that the participant does not have any physical or mental limitations or medical indication to participate in this tournament. The organiser is not liable for any damage/injury sustained during the tournament as a result of carelessness.

The organiser is in no way responsible for any irregularities, calamities, injuries or accidents that occur during the tournament. By participating/attending this tournament you agree with this.

Press and promotional material

Filming and photography is only permitted from the tribune. Taking photos in the hall is only allowed for participants behind the fences.

Coaches and photographers, appointed by the organisation, are the only ones allowed to take pictures near the fields.